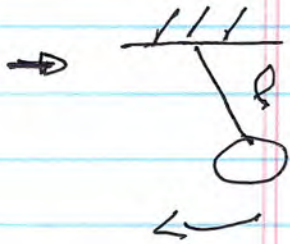


Adiabatic Invariants

Adiabatic Invariants



$$l = l(t)$$

$$\sigma/t \left\{ \frac{\dot{l}}{l} < \sqrt{g/l} \right.$$

→ 2 time scale

→ 'adiabatic' variation of parameter.

→ How describe?

→ Now $\ddot{\theta} + \frac{g}{l(t)} \theta = 0$

$$l(t) = l(\epsilon t)$$

↓
slow

$$\ddot{\theta} + \frac{g}{l(\epsilon t)} \theta = 0$$

$$\epsilon t = \tau$$

$$\Rightarrow dt = \frac{1}{\epsilon} d\tau$$

$$d/dt = \epsilon \frac{d}{d\tau}$$

$$\ddot{\theta} + \frac{g}{\epsilon^2 l(\tau)} \theta = 0$$

$$\Rightarrow \ddot{\theta} + \frac{(\omega(\tau))^2}{\epsilon^2} \theta = 0$$

generically points toward WKB.

i.e. generic:

$$\ddot{x} + \omega^2(\epsilon t) x = 0$$

$$\Rightarrow \tau = \epsilon t$$

$$\frac{d^2 x}{d\tau^2} + \frac{\omega^2(\tau)}{\epsilon^2} x = 0$$

→ A different look at adiabatic theory, ...

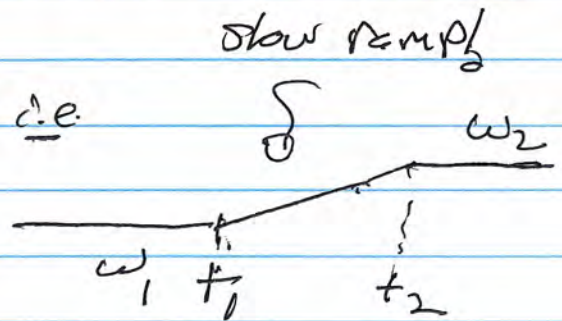
One might forego canonical formalism, and simply investigate an oscillator with slowly varying frequency

i.e.

$$\ddot{x} + \omega^2 x = 0 \Rightarrow$$

$$\ddot{x} + \omega^2(t) x = 0$$

slowly varying frequency



i.e.

$$\frac{1}{\omega} \frac{d\omega}{dt} \sim \epsilon (\ll 1)$$

⇒ expect, on basis of previous discussion,

~~I~~ adiabatic invariant

i.e. if $a \equiv$ oscillator amplitude, then

$$I = E/\omega = \frac{1}{2} m \omega^2 a^2 / \omega \approx m \omega a^2$$

so const

Now, for slowly varying ω , can solve by WKB!

now, $\boxed{Gt = \tau}$

$$\frac{d^2 X}{d\tau^2} + \frac{\omega^2(\tau)}{\bar{E}^2} X = 0$$

$$X(\tau) = a_0 e^{i\phi(\tau)/\bar{E}}$$

where: $\phi = \phi_0 + \epsilon \phi_1 + \dots$
↑ ↑
classical correction \rightarrow quantum

$$\frac{d}{d\tau} \left(a_0 \frac{d\phi(\tau)}{\bar{E}} e^{i\phi(\tau)} \right) + \frac{\omega(\tau)^2}{\bar{E}^2} a_0 e^{i\phi(\tau)} = 0$$

$$\left(-\frac{\dot{\phi}^2}{\bar{E}^2} + \frac{d\phi(\tau)}{\bar{E}} \right) a_0 e^{i\phi} + \frac{\omega(\tau)^2}{\bar{E}^2} a_0 e^{i\phi(\tau)} = 0$$

\Rightarrow need to $\sim O(\epsilon)$

$$\left(-\frac{(\dot{\phi}_0 + \epsilon \dot{\phi}_1)^2}{\bar{E}^2} + \frac{d\phi(\tau)}{\bar{E}} \right) + \frac{\omega(\tau)^2}{\bar{E}^2} = 0$$

$$-\frac{\dot{\phi}_0^2}{\bar{E}^2} + \frac{\omega(\tau)^2}{\bar{E}^2} = 0$$

$$\dot{\phi}_0(t) = \omega(t)$$

$$\phi_0(t) = \int \omega(t) dt$$

For next order correction,

$$-2\frac{\dot{\phi}_0 \dot{\phi}_1}{\dot{\phi}_0} + i\frac{\ddot{\phi}_0}{\dot{\phi}_0} = 0$$

$$\dot{\phi}_1 = i\frac{\ddot{\phi}_0}{2\dot{\phi}_0}$$

$$= \frac{i}{2} \frac{d}{dt} \ln(\dot{\phi}_0(t))$$

$$\phi_1 = \frac{i}{2} \ln(\dot{\phi}_0(t))$$

$$= \frac{i}{2} \ln(\omega(t))$$

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$$X(t) = q_0 e^{i\phi(t)/\epsilon}$$

$$= q_0 e^{i \int \frac{\omega(t)}{\epsilon} dt} e^{\frac{i}{2} \ln(\omega(t))}$$

$$= \underline{q_0} e^{i \int \frac{\omega(t)}{\epsilon} dt} e^{-\frac{\ln \omega(t)}{2}}$$

$$\Rightarrow X(t) = \underline{a_0} e^{i \int \frac{\omega(t)}{\epsilon} dt} e^{-\frac{1}{2} \ln \omega}$$

$$= \frac{a_0}{\sqrt{\omega}} e^{i \int \frac{\omega(t)}{\epsilon} dt}$$

re-scaling, $t = T/\epsilon$; $\omega(t)$

$$dt = \epsilon df$$

$$X(t) = \frac{a_0}{\sqrt{\omega}} e^{i \int \frac{\omega(t)}{\epsilon} dt}$$

WKB soln.

we can observe:

$$\underbrace{\omega X^2}_{\text{(cycle) action}} = \cancel{\dots} \quad \omega \overline{X^2} = \omega \frac{a_0^2}{\omega} = \text{const}$$

\Rightarrow Action is invariant, due to frequency modulation of amplitude

check:

$$I = \frac{1}{2\pi} \oint p dq$$

$$= \frac{1}{2\pi} \oint p dx$$

$$= \frac{1}{2\pi} \oint m \dot{x} dx = \frac{1}{2\pi} \oint m \dot{x} \hat{x} dt$$

$$I = \frac{1}{2\pi} \oint_{\omega \rightarrow} m \dot{x}^2 dt$$

$$X(t) = \frac{a_0}{\sqrt{\omega}} \cos(\omega t + \phi)$$

$$\dot{X} = -a_0 \sqrt{\omega} \sin(\omega t + \phi)$$

$$\theta = \omega t$$

$$d\theta = \omega dt$$

$$P \rightarrow 0$$

$$\frac{\omega^2}{(\sqrt{\omega})^2}$$

∫

$$I = \frac{1}{2\pi} \oint p dq = \frac{1}{2\pi} \int d\theta a_0^2 \omega \sin^2 \theta \frac{d\theta}{\omega}$$

$$= \frac{1}{2} a_0^2 \rightarrow \text{real const.} / 0$$

⇒ the message:

- adiabatic invariants basically as consequence of WKB approximation (time sep / scale)
- WKB would lead one to adiabatic invariance of action, even if did not realize it.
- need retain WKB correction beyond pure eikonal for freq. modulation of amplitude ⇒ essential.

→ Adiabatic Invariants [and Action-Angle Variables]

c) Adiabatic Invariants

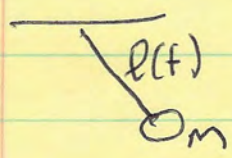
(Bounded phase space @ PO)

→ Consider finite motion in 1D. Motion characterized by λ parameter, such that:

$$\frac{1}{\lambda} \frac{d\lambda}{dt} \ll \frac{1}{T}$$

↳ period of motion

i.e.



$$\frac{1}{l} \frac{dl}{dt} \ll \sqrt{g/l}$$

pull on string

thus, \dot{E} will be "small/slow" (i.e. $H = H(\lambda(t), p, q)$)

Now, $\frac{dE}{dt} = \frac{\partial H}{\partial t} = \frac{\partial H}{\partial \lambda} \frac{d\lambda}{dt}$

parametric dependence

as λ varies slowly compared to $\omega_0 = 1/T$, can average over t on fast scales, i.e.

$$\overline{\frac{dE}{dt}} = \overline{\frac{\partial H}{\partial \lambda} \frac{d\lambda}{dt}} \approx \frac{\partial H}{\partial \lambda} \frac{d\lambda}{dt}$$

↳ avg. over motion $q_0 \rightarrow$ fast

break avg. on basis time scale separation

where $\bar{A} = \frac{1}{T} \int_0^T dt A(t) \rightarrow$ holding E, λ
 average over fast time scale fixed!

$$\Rightarrow \overline{\frac{\partial H}{\partial \lambda}} = \frac{1}{T} \int_0^T \frac{\partial H}{\partial \lambda} dt$$

Now; $\dot{q} = \frac{\partial H}{\partial p}$

$$dt = \int dq / \frac{\partial H}{\partial p}$$

can take $\int dt \rightarrow \int \frac{dq}{\frac{\partial H}{\partial p}}$

$\oint \rightarrow$ complete circuit orbit

so finally,

$$\frac{d\bar{E}}{dt} = \frac{d\lambda}{dt} \left\{ \frac{\oint (\frac{\partial H}{\partial \lambda}) dq / (\frac{\partial H}{\partial p})}{\oint dq / (\frac{\partial H}{\partial p})} \right\}$$

$$\equiv \frac{d\lambda}{dt} \left\langle \frac{\partial H}{\partial \lambda} \right\rangle_T$$

Now: - integrations must be performed for fixed,
 - given value of λ (i.e. $\dot{\lambda}/\lambda \ll \omega_0$)
 - on such path. (n.b. why "path" of interest!), $H \equiv E$ and
 $p = p(q; E, \lambda)$

$$\therefore H(p, q, \lambda) \equiv E$$

{ path for
 E const.

$$\frac{\partial H}{\partial \lambda} + \frac{\partial H}{\partial p} \frac{\partial p}{\partial \lambda} = 0$$

$$\Rightarrow \frac{\partial H / \partial \lambda}{\partial H / \partial p} = - \frac{\partial p}{\partial \lambda}$$

plug in
 previous

$$\therefore \frac{d\bar{E}}{dt} = \frac{d\lambda}{dt} \frac{\oint - (\partial p / \partial \lambda) dq}{\oint dq \partial p / \partial E}$$

$$(1 / \partial H / \partial p = \partial p / \partial E) \quad (\text{Fixed } \lambda)$$

so, re-writing:

$$\frac{d\bar{E}}{dt} \oint dq \partial p / \partial E + \frac{d\lambda}{dt} \oint (\partial p / \partial \lambda) dq = 0$$

$$\Rightarrow \oint_{\substack{E, \lambda \\ \text{fixed}}} d\underline{z} \left\{ \frac{\partial \rho}{\partial E} \frac{dE}{dt} + \frac{\partial \rho}{\partial \lambda} \frac{d\lambda}{dt} \right\} = 0$$

$$\Rightarrow \boxed{\frac{dI}{dt} = 0}$$

where $I = \oint \frac{\rho d\underline{z}}{2\pi}$ \rightarrow integral taken over path for fixed given E, λ

\therefore I const. as λ varies!
 \therefore I adiabatic invariant

\rightarrow in general (including higher dimensions)

$$I_c = \oint_{\gamma} \rho \cdot d\underline{z} = \iint_{\nabla} d\underline{p} \wedge d\underline{z} \quad \left\{ \begin{array}{l} \text{Liouville} \\ \text{Thm,} \\ \text{again} \end{array} \right.$$

is Poincaré's relative integral invariant
 (γ closed curve, enclosing ∇)



I_c is exact invariant

$$I = \oint p dq$$

54.

$$\text{so } I = I_c \quad \left| \begin{array}{l} E, \lambda \text{ constant} \end{array} \right.$$

is approximation to Poincaré invariant

for $\lambda/\lambda < \omega_0$, $\left\{ \begin{array}{l} \text{Hence adiabatic} \\ \text{invariant.} \end{array} \right.$
long time scales

Now, adiabatic invariant

$$I = \oint_{\lambda E \text{ fixed}} p dq / 2\pi \quad \rightarrow \text{what is it?}$$

$$\text{so } I = I(E)$$

$$= \oint \frac{p dq}{2\pi}$$

$$2\pi \frac{\partial I}{\partial E} = \oint \frac{\partial p}{\partial E} dq = \oint \frac{dq}{\partial H / \partial p} = \mathcal{T}$$

$$\therefore \left\{ \frac{\partial I}{\partial E} = 1/\omega \right\}$$

$$\left\{ \frac{\partial E}{\partial I} = \omega \right\}$$

Now, of course:

adiabatic invariant has geometrical significance.

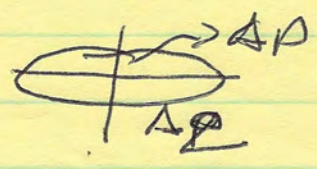
$$I = \oint_{E, \lambda} \frac{p dq}{2\pi} = \iint_{E, \lambda} \frac{dp dq}{2\pi}$$

∴ I corresponds to enclosed area



e.g. $H = \frac{p^2}{2m} + \frac{1}{2} m \omega^2 q^2 = E$

$$\Delta p = (2mE)^{1/2}$$
$$\Delta q = (2E/m\omega^2)^{1/2}$$



$$A_{\text{req}} = \pi \Delta q \Delta p = 2\pi E/\omega$$

$I = E/\omega$ → for oscillator, adiabatic invariant is action, E/ω .

∴ $\hbar/\hbar < \omega_0 \Rightarrow$

$E \sim \omega \sim \sqrt{g/\ell}$

→ Adiabatic Invariants: Review

→ if $H = H(p, q, \lambda(t))$

parametric dependence

with a) periodic motion, for fixed λ .

b.) $\frac{1}{\lambda} \frac{d\lambda}{dt} \ll \omega'$

rate of change of parameter

motion frequency

then $I_\lambda = \oint_{C_\lambda} p \cdot dq \equiv$ action computed at fixed value of λ is adiabatic invariant

~ adiabatic invariant is C.O.M. on time scales $\tau \gg \omega^{-1}$.

~ adiabatic invariant is intrinsically / implicitly referenced to a given time scale. Some system can manifest multiple adiabatic invariants on different time scales.

→ $I = \oint_C p \cdot dq \rightarrow$ Poincare-Cartan Invariant
→ exact C.O.M

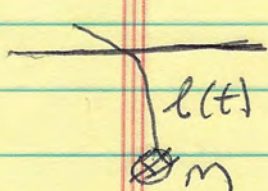
to calculate explicitly, need integrable motion (as in explicit representation of action-angle var.)

but

- $I_\lambda = \oint_{C_\lambda} \underline{L} \cdot d\underline{q}$ is approximation to I ,

computed for fixed λ . $\dot{I}_\lambda \approx 0$ for $t \gg \omega^{-1}$.

Examples: i) Pendulum - the prototype



$$\frac{\dot{l}(t)}{l} \ll \sqrt{g/l}$$

How does Θ vary with l ?

$$I = E/\omega, \text{ understood } E = \bar{E}$$

$$\omega = \sqrt{g/l}$$

$$\begin{aligned} \bar{E} &= \frac{1}{2} m l^2 \overline{\dot{\Theta}^2} + m g l \overline{\Theta^2} \\ &= \cancel{\frac{1}{2} m l^2 \overline{\dot{\Theta}^2}} + m g l \overline{\Theta^2} \end{aligned}$$

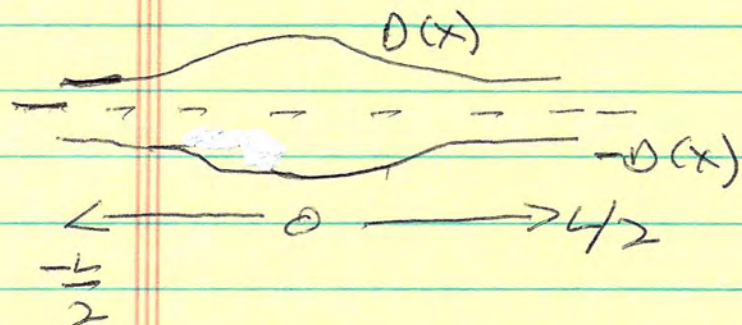
$$I = \cancel{\frac{1}{2} m} \sqrt{g} l^{3/2} \overline{\Theta^2}$$

$$\text{so } \Theta_{\text{rms}} \sim l^{-3/4}$$

i.e. amplitude decreases as length increases

more generally, $\frac{\theta(t)_{rms}}{\theta(0)_{rms}} \sim \left(\frac{f(0)}{f(t)} \right)^{3/4}$

2.) Mechanical Mirror



$$\tau_{b, \perp} \sim \left(\frac{v_{\perp}}{2\Omega} \right)^{-1} \rightarrow \text{bounce time}$$

$$\tau_b \ll \frac{L}{v_{\parallel}}$$

many bounces (\perp) in time to sense curvature of D .

now,

$$2\pi I = \int_{-D}^D m v_{\perp} dy + \int_D^{-D} (-m v_{\perp}) dy$$

$$= 4mD v_{\perp}$$

$$I = \frac{2}{\pi} D m v_{\perp}$$

Adiabatic Invariant

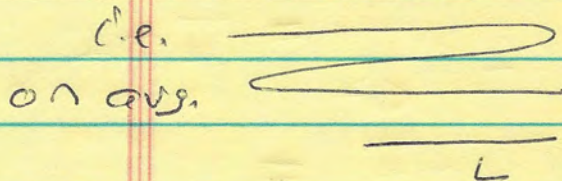
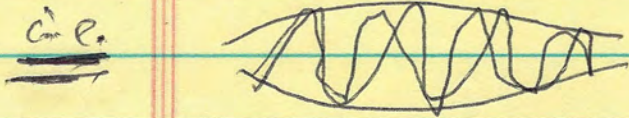
$$E = \frac{1}{2} m (v_{\perp}^2 + v_{\parallel}^2)$$

$$E = \frac{1}{2} m \left(\frac{\pi^2 I^2}{4D^2 m^2} + v_H^2 \right)$$

$$\Rightarrow \frac{2E}{m} = \frac{\pi^2}{4D^2(x)} \frac{I^2}{m^2} + v_H^2$$

$$v_H^2 = \frac{2E}{m} - \frac{\pi^2}{4D^2(x)} \frac{I^2}{m^2}$$

if $\frac{\pi^2 I^2}{4D(x)^2 m^2} > \frac{2E}{m} \Rightarrow$ particle reflected in throat of mirror



$$I = \frac{3}{\pi} D(x_0) m v_{\perp 0}$$

\downarrow separation at injection ↪ injection momentum

$$\Rightarrow \left(\frac{D(x_0)}{D(x)} \right)^3 v_{\perp 0}^2 > 2E/m$$

$$x \ll L$$

∴ for mirroring/trapping:

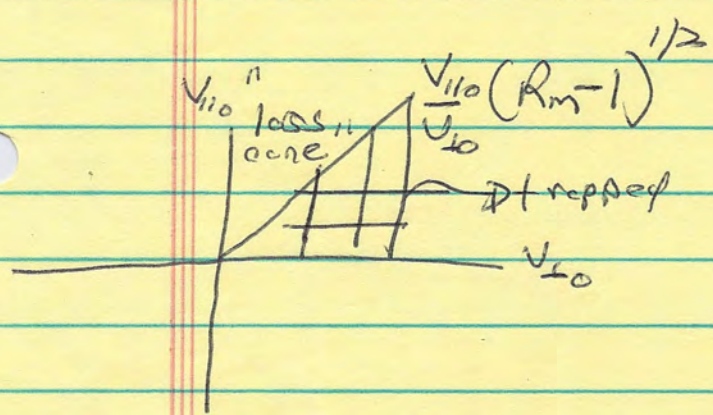
$$\frac{v_{||0}^2}{v_{\perp 0}^2} < \left(\frac{D(x_0)}{D(x)} \right)^2 - 1$$

" mirror ratio "

i.e. trapping condition:

$$\frac{v_{||0}^2}{v_{\perp 0}^2} < \left(\frac{D(x_0)}{D(x)} \right)^2 - 1$$

↑
R_m



n.b. some class of particles always lost

Now for trapped/mirroring particles, can determine reflection point x_R from:

$$v_{||}^2 = \frac{2E}{m} - \frac{\pi^2}{4D(x_A)^2} \frac{I^2}{m^2} = 0$$

$$x_R \leq 4/2$$

then for $t \gg T_{b||} = \int \frac{dx}{|v_{||}|}$

↓

parallel bounce
time for trapped

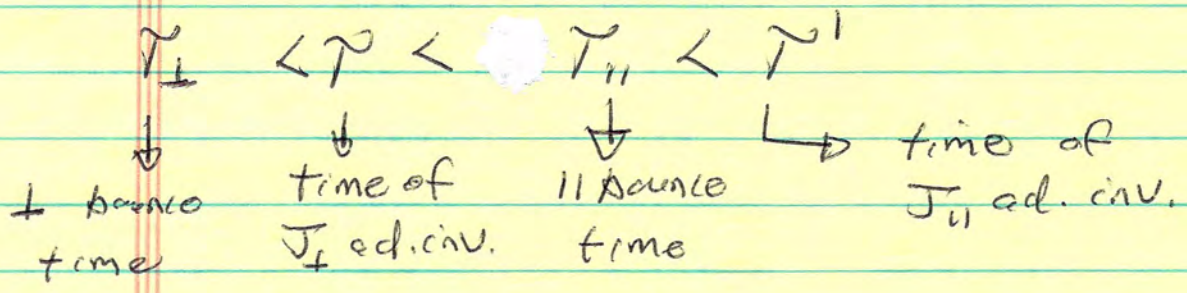
can have "2nd" adiabatic invariant on time scale $T_{b||} \gg T_{b\perp}$

$$J_{||} = \oint dx p_{||}$$

$J_{||} \rightarrow$ "2nd" ad. inv.
- || bounce inv.

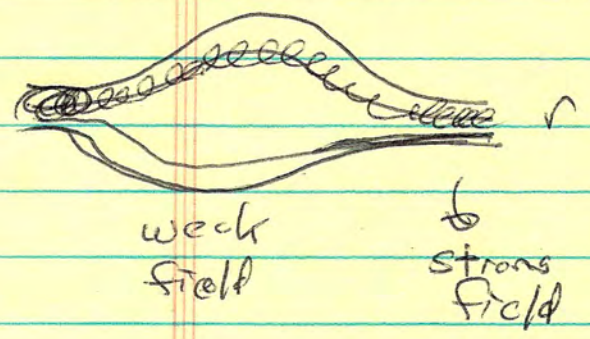
$$\frac{p_{||}^2}{2m} = \frac{F}{8\pi(x)^2} - \frac{\pi^2 I^2}{m}$$

$J_{\perp} \rightarrow$ 1st ad. inv.
- \perp bounce inv.



N.B. : Can expect 1 adiabatic invariant per closed cyclic orbit (n.b. cyclic orbit aka action variable sense).

3.) Magnetic Mirror - basis for mechanical mirror



$$\underline{\nabla} \cdot \underline{B} = 0$$

$$\frac{\partial B_z}{\partial z} + \nabla_r B_r = 0$$

$$\neq 0$$

Now, consider rate of change of \perp Energy

$$\frac{d}{dt} \left(\frac{m v_{\perp}^2}{2} \right) = q \underline{E}_{\perp} \cdot \underline{v}_{\perp}$$

avg over 1 cyclotron orbit \Rightarrow

$$\left\langle \frac{d}{dt} \left(\frac{m v_{\perp}^2}{2} \right) \right\rangle = \int_{\Omega^{-1}} dt q \underline{E}_{\perp} \cdot \underline{v}_{\perp}$$

$$v dt = \rho$$

change in energy in 1 cyclotron orbit

$$= \int_{\rho} d\underline{\ell} \cdot \underline{E}_{\perp} q = q \int \underline{E}_{\perp} \cdot d\underline{\ell}$$

$\rho \rightarrow$ gyro-radius

$$= \int d\underline{q} q \cdot \nabla \times \underline{E}$$

$$= \int d\underline{q} \cdot \left(\frac{q}{c} \frac{\partial \underline{B}}{\partial t} \right)$$

$$\approx -\pi \rho^2 \frac{q}{c} \frac{\partial B}{\partial t}$$



$$\rho^2 = v_{\perp}^2 / \Omega^2$$

⇒

$$\frac{d}{dt} \left(\frac{m v_{\perp}^2}{2} \right) \approx -\pi \frac{e}{c} \frac{v_{\perp}^2}{\frac{e^2 B^2}{m^2 c^2}} \frac{\partial B}{\partial t}$$

$$= -\frac{m v_{\perp}^2}{\Omega} \frac{\pi}{B} \frac{\partial B}{\partial t}$$

but $\frac{\partial B}{\partial t} = \frac{2\pi}{\Omega} \frac{\partial B}{\partial t}$

change in δ
1 cyclotron τ_c
period

"

$$\frac{d}{dt} \left(\frac{m v_{\perp}^2}{2} \right) = -\frac{m v_{\perp}^2}{2} \frac{1}{B} \frac{\partial B}{\partial t}$$

⇒

$$\frac{d}{dt} \left(\frac{m v_{\perp}^2}{2B} \right) = 0$$

⇒ adiabatic
time variation
in B ⇒
heating

so

$$\mu = m v_{\perp}^2 / 2B$$

→ magnetic moment
adiabatic invariant
on $t \gg \Omega^{-1}$

Now, for mirroring:

$$\frac{1}{2} m (V_{||}^2 + V_{\perp}^2) = \frac{1}{2} m (V_{||0}^2 + V_{\perp0}^2)$$

$$\frac{m V_{\perp}^2(0)}{2B(0)} = \frac{m V_{\perp}^2(l)}{2B(l)}$$



$$V_{||}^2(0) + V_{\perp}^2(0) = V_{||}^2 + \frac{B(l)}{B(0)} V_{\perp}^2(l)$$

$$V_{\perp}^2(0) \left(1 - \frac{B(l)}{B(0)}\right) = V_{||}^2(l) - V_{||}^2(0)$$

for confinement: $V_{||}^2(l) = 0 \Rightarrow$

so

$$\frac{V_{||}^2(0)}{V_{\perp}^2(0)} < \frac{B(l)}{B(0)} - 1$$

mirrors
ratio

obvious analogy to:

$$\frac{V_{||0}^2}{V_{\perp0}^2} < \frac{D(x_0)}{D(x_R)} - 1$$

$D(l) \leftrightarrow 1/D(x)$ \rightarrow strong B \rightarrow frequent gyration
frequent bouncing

$B(0) \leftrightarrow 1/D(x_0)$ \rightarrow weak B \rightarrow less frequent bouncing,
gyration.

Similarly, can define bounce invariant:

$$J_{||} = \oint dl [2m(E - u B(l))]^{1/2} \quad \begin{array}{l} \text{longitudinal} \\ \text{action} \end{array}$$

i.e. $V_{||}^2(l) = V_{||}^2(0) + V_{\perp}^2(0) - u B(l)$

etc.

squeeze \rightarrow energy gain

N.B.:

Treatment of adiabatic invariants given here corresponds to lowest order p.f. in $\frac{1}{\lambda} \frac{d\lambda}{dt} / \omega < 1$

" $\{$ "
 " $O(\epsilon)$ " here.